



Capuchin Soup
Kitchen

Breaking Bread Newsletter

Feeding Bodies, Nourishing Spirits, Strengthening Communities

Fall 2022



Rosa Parks Peace Camp Reached Many

Over 60 Students Attend Camp & Grow as Peacemakers

The Rosa Park Peace Camp began on July 11th and ran for three weeks, ending on July 29th. The camp, at the Conner Street kitchen location, was managed by Davon Mann—a dedicated, enthusiastic teacher who has been working with the Capuchin Soup Kitchen (CSK) for the last 10 years, managing the camp for the previous three.

The camp had room for 20 kids daily, and since opening, we can report that they met their mark nearly every day! Each week brought a new set of campers, so by the end of camp, around 60 kids participated in CSK Summer fun.

The program ran Monday through Friday, from 9 am-3 pm, although working parents were

able to drop off their children as early as 8:30 am. There was a structured schedule of activities that included an art class, music, fitness, a STEM-focused activity, and conflict resolution at the end of every day. Campers were also served breakfast and lunch, helping them be active, present, and ready to learn!



The Rosa Park Peace Camp staff were warm, welcoming, and dedicated people who have gone above and beyond to make Summertime for the campers memorable.

On The Rise Bakery Moves to Solanus Casey Center

New Gift Shop and OTR Bakery Addition Serves Guests



▲ Center Director Father David Preuss, OFM Cap. welcomes visitors to the new Solanus Casey Center Gift Shop & the On The Rise Bakery.



▲ Visitors to the Solanus Casey Center enjoy breakfast or lunch Tuesdays through Saturdays, 9:30 am to 4:00 pm. Baked goods are also sold at parishes on the weekend. To find a menu plus the schedule of parish sale locations visit: <https://ofmcap.cc/OTR-Bakery>.

Support our ministry: www.cskdetroit.org/more-than-about-food/
or by mail to **Capuchin Soup Kitchen, 1820 Mt. Elliott, Detroit, MI 48207**

WORKS OF MERCY

VOLUNTEERING RETURNS!

We are happy to welcome volunteers back to partner in ministry with us. There are some safety requirements and we you can read them when you sign up. You can sign up for any of the opportunities below here:

<https://ofmcap.cc/CSK-Vol>

Capuchin Soup Kitchen – Meldrum location:

- Preparing food & trays for guests
- Wiping and sanitizing dining room tables and chairs
- Special events & projects

Capuchin Soup Kitchen – Conner location:

- Preparing food & trays for guests
- Wiping and sanitizing dining room tables and chairs
- Special events & projects

Capuchin Services Center:

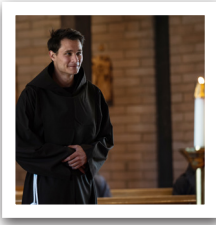
- Sorting and organizing clothes
- Stocking and organizing food items
- Special events & projects

Earthworks Urban Farm

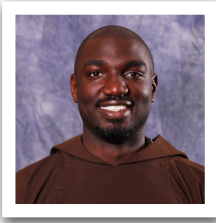
- Mixing soil/making soil blocks or germination trays
- Planting/seeding or thinning out seedlings
- Pricking out seedling/transplants
- Harvesting/processing produce
- Cultivating/weeding beds & Flipping compost
- General cleanup and other tasks generally related to gardening or farming.

Friars' Service Leads to Ministry Milestones

During formation, young friars have times of study, prayer and ministry. The Capuchin Soup Kitchen is a ministry where many young men have grown in their faith as Capuchin Franciscans.



Br. Andrew McAnelly: "Being at the Soup Kitchen, even for a short period of time, helped me to see how much value there is both for myself and others in simply being present when and where people need you."



Br. Baudry Metangmo: "CSK has taught me how collaboration between people with expertise from many different fields can yield a powerful ministry that raises the lowly and restores the dignity of individuals and families. I love the joyful and spiritual environment, as well as the mission-driven mindset..."



Br. Truyen Nguyen: "I experience a sense of family in the Capuchin Soup Kitchen, the same feeling I have experienced in the province. Staff and volunteers minister together with us. They complete us."



Br. Anthony Julius Milton: "CSK was instrumental for me to get to know the life situations of the poor and the marginalized of Detroit. CSK taught me how to talk to them, relate with them, and learn from them. Thanks to CSK!"



Br. Thomas Skowron: I heard about CSK for the first time a few years ago when I was still in Germany. It was my dream to visit it one day. I found here a place where the gospel is practiced every day and every guest is treated with dignity as God's own child.



Br. Peter Chinnappan: "CSK is the place to encounter Jesus! I was able to see Jesus in the faces of our guests visiting everyday. In simple words, it's a holy place where God is at work."

SAVE THE DATE

5TH SOCK

SUPPORT OUR CAPUCHIN KITCHEN

THURSDAY, NOVEMBER 10, 2022

Save the date for the 50th Anniversary of the SOCK (Support Our Capuchin Kitchen) Dinner returning this fall on November 10th, 2022 at Huntington Place in Detroit! To commemorate our origins, as a baseball dinner, this year's event is themed "A Grand Slam for a Golden Anniversary!"



Celebrating Lives Centered in Christ

by Br. Gary Wegner, OFM Capuchin
Executive Director



It is hard to believe that forty years have passed since I made my First Profession of Vows as a Capuchin-Franciscan friar. Forty years is traditionally celebrated as one's "Ruby Anniversary." For married couples, celebrating their Ruby Anniversary represents "romance, devotion, and passion"; The Ruby Anniversary means that the "passion in a marriage is still very alive and strong after 40 years together."

As a Capuchin-Franciscan friar, I pray that my romance with the ideals of St. Francis of Assisi remains strong; my devotion to living with my Capuchin brothers and the vows of poverty, chastity, and obedience is still at the center of my life; and my passion for serving the People of God, especially the poor and those on the margins, has not dimmed. I am grateful for my vocation and the life of ministry and fraternity that, over the past forty years, have formed me into the person I am today.

My own anniversary as a Capuchin friar is a reminder that at the Soup Kitchen, the next few years will give us the opportunity to celebrate several milestones.

Year	Anniversary	Ministry or Event
2022	50th	SOCK Dinner
2023	25th	Rosa Parks Children & Youth
	25th	Conner Kitchen
	30th	Benefit on the Bay
2024	25th	Earthworks Urban Farm
	10th	On the Rise Cafe
2026	45th	Ahee Souper Summer Celebration
	50th	Jefferson House
	20th	R.O.P.E. Program
	50th	Buddy's Slice for Life
2029	100th	Capuchin Soup Kitchen

The most important milestone will be the 100th Anniversary of the Capuchin Soup Kitchen in 2029. Marking a century of serving our guests could lead some to question whether we have affected poverty in Detroit. That is a big question.

I believe the words of Jesus put this anniversary in a faith context. In the Gospel of Mark, Jesus tells us, "The poor you will always have with you, and whenever you wish, you can do good to them..." With the help of our staff, donors and volunteers, I know that we can continue to "do good" for our guests.



Br. Albert Sandor, Former Director Celebrates 65th Jubilee!

At 85 years young, Br. Albert Sandor is celebrating his 65th Jubilee as a friar! He began his Capuchin journey back in 1957. In 1967, Br. Albert became the first lay brother to serve as Director of the Soup Kitchen. For 40 years, the Soup Kitchen had solely served men in the dining room. When Br. Albert took the reins, he championed for women to be included.

Until then, women could come and pick up food to take to their families but couldn't eat inside. This tradition began to change after Br. Albert got some of those women to help pack food with him. They would help him pack food for 100+ guests twice a week! Finally, Br. Albert asked the men, and all agreed that the Capuchin Soup Kitchen would serve anyone who came to its doors.

► Br.
Albert
as
Director



► Br.
Albert
in 2017



Thank You, Staff!

by Br. Tien Dinh OFM Capuchin
Assistant Executive Director



At the Capuchin Soup Kitchen, we rely on many people, especially our staff, to serve the guests who come for the many services that we provide at the Meldrum and Conner meal sites; Jefferson House and On the Rise Bakery, Earthworks, the Rosa Parks Children and Youth Program and Capuchin Services Center. Volunteers are very important, but it was the commitment of our staff that allowed all of the programs of the Capuchin Soup Kitchen to stay open and serve our guests who have come to us throughout the pandemic.

Therefore, on June 24, the Capuchin Soup Kitchen hosted a Staff Appreciation Day in the courtyard of the neighboring St.

Bonaventure Monastery as a way of thanking our staff, who spend so much time working to serve our guests. This was a time for staff from our various programs and sites to reconnect and enjoy one another's presence.

It was the first all-staff gathering to have taken place since the beginning of the pandemic.

Special thanks to Davon, Hannah, LeAnda, and Max, who are part of the Capuchin Soup Kitchen Leadership Team. They were the planning committee that made this Staff Appreciation Day a special gathering for all of the staff. Again, thank you to all of our staff for their continuing dedication to serving our guests.



Rosa Parks Children & Youth Program Holds School Supply Drive



It is time for our annual School Supply Drive. Hundreds of families depend on our Rosa Parks Children and Youth Program for help with after school tutoring, art therapy and reading programs among other services.

Our young people can't be successful without school supplies and often their families

struggle to provide the basics. Please visit our website or scan the QR code. There's also a link to our Amazon School Supply Gift Registry on that page.

<https://ofmcap.cc/CSK-SchoolHelp>

CAPUCHIN SOUP KITCHEN

CSK Conner Meal Program Site:
4390 Conner
Detroit, MI 48215
313-579-2100 ext. 4216

CSK Meldrum Meal Program Site:
1264 Meldrum
Detroit, MI 48207
313-579-2100 ext. 2205

Spiritual Care:
Offered at both CSK Conner & Meldrum Meal Program Sites
313-579-2100 ext. 2209

Capuchin Services Center:
6333 Medbury St
Detroit, MI 48211
313-925-1370

Rosa Parks Children and Youth Program:
4390 Conner
Detroit, MI 48215
313-579-2100 ext. 4224

On The Rise Bakery Cafe Program:
1780 Mt Elliott St
Detroit, MI 48207
Phone: 313.922.8510

Earthworks Urban Farm Program:
1264 Meldrum St.
Detroit, MI 48207
313-579-2100 Ext. 2204

Jefferson House Program:
8311 E. Jefferson
Detroit, MI
313-331-8900